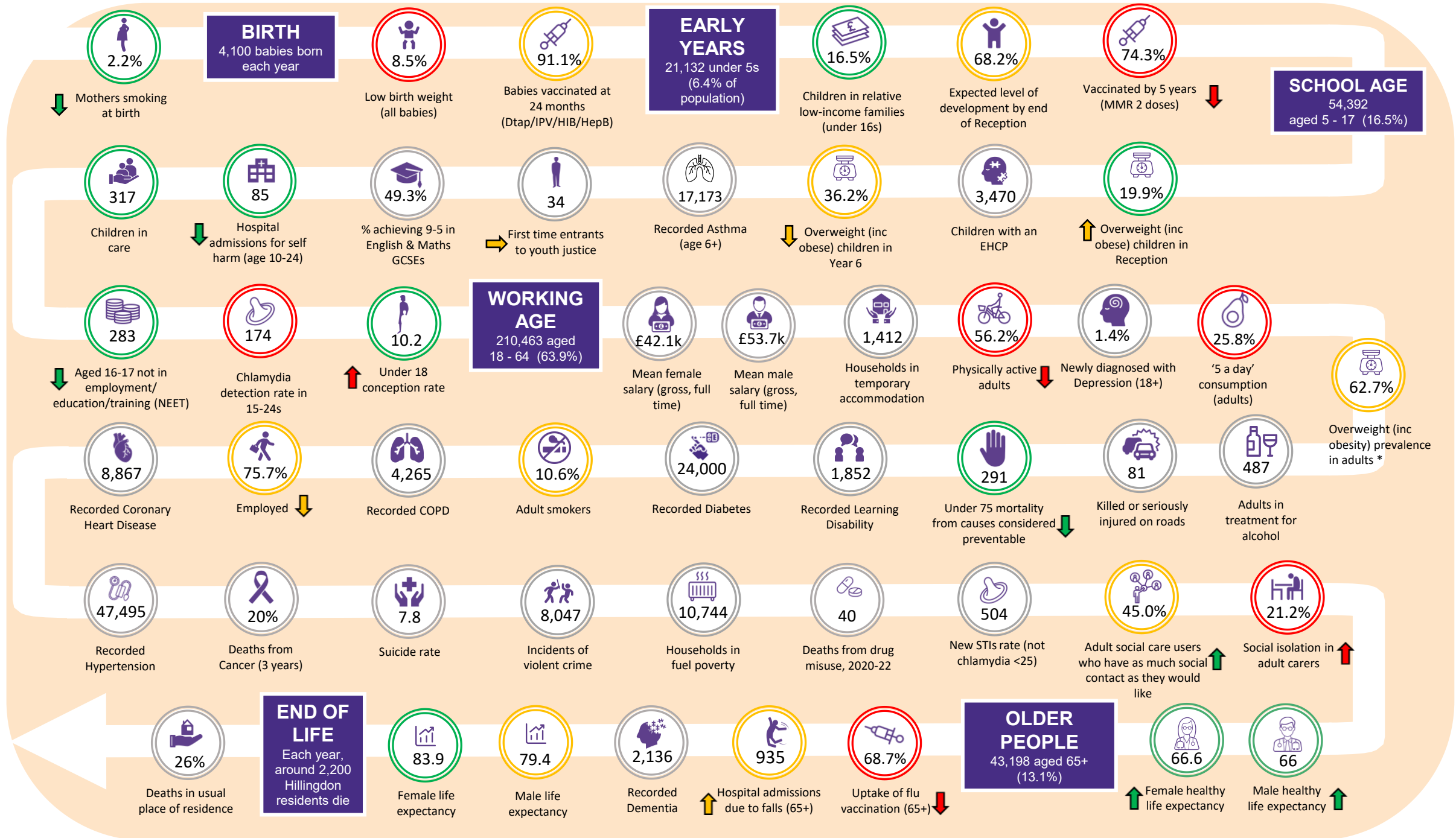


# Population health across the life course, January 2026



**Data sources:** Fingertips Public Health Profiles (OHID), NOMISWEB, ONS mid-year Estimates 2024, NDTMS. **Notes:** Numbers are for the latest year or period available. Red indicates worse than England average, amber similar and green better. Grey indicates that the direction of the indicator isn't necessarily good or bad. Arrows indicate recent trend where available – green indicates improvement, red indicates worsening, and amber indicates no significant change.

\* using adjusted self-reported height and weight from The Active Lives Adult Survey